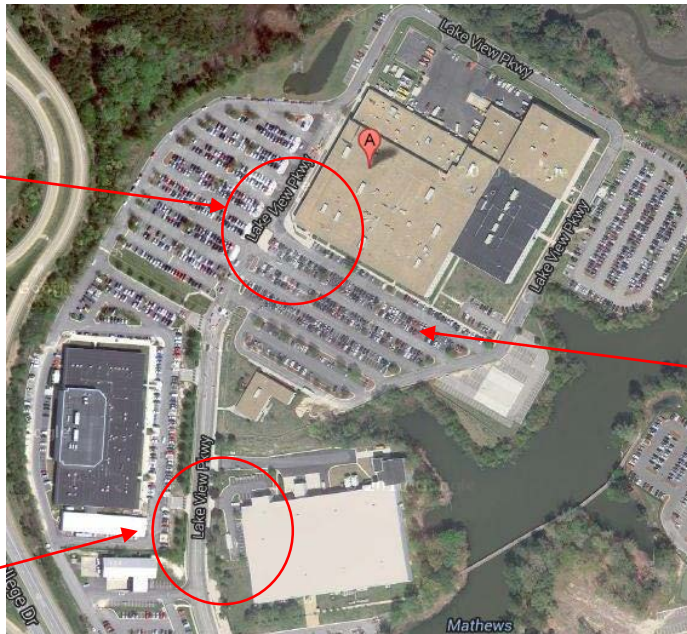


Suffolk Complex Toastmasters Club Meeting
Contact Sergeant-at-Arms for more information

Arial View of Complex

2. Drive to the third building. Enter building through double glass doors. Check in at the Security Desk (Escort Required)



3. Park Here

**1. Enter through gate
Check in at Trailer**

Directions

1. Take I-664 to exit 8B. Make left at first light on to lake view parkway. (Applebee's on corner)
 2. Enter gate, tell guard you are visiting for meeting. Check in at trailer. (Let SAA know you will be coming so you will be on the "list".) You will need your vehicle's registration for check-in.
 3. Drive through the gate to building 116 (third building) and enter through the main lobby entrance.
 4. Park in any available, unreserved space. Being lunchtime, there should not be too much difficulty in finding a place.
 5. Stop at desk and sign in. You will need your driver's license or other ID to "trade" for an escort badge.
 6. Someone will meet you and escort you to the conference room.
 7. After the meeting, you will be escorted back to the desk and your ID will be returned.
- For details on who to contact, please visit the club website at <http://suffolkcomplex.toastmastersclubs.org>

Contact Ella House for access to compound ella.m.house.civ@mail.mil or 757-203-4496

Joint Staff J7 Hampton Roads

116 Lakeview Parkway, Suffolk, VA 23435